







Hosted by THE QUEENSLAND CANOEING MARATHON TECHNICAL COMMITTEE









2019 Paddle Qld Marathon State Championships & PaddleFest

The 2019 Paddle Qld Marathon State Championships & PaddleFest will be held on **23 March and 24 March 2019** at Winders Park, Currumbin, Gold Coast.

The weekend will be a celebration of paddling with events for All Craft, All Classes and All Abilities, include the Paddle Qld Marathon State Championship and PaddleFest events for SUP's, Flatwater Ski and Ocean Ski Race.

ALL PADDLERS ARE WELCOME!

Day 1 - Saturday 23 March 2019								
Singles Races	Ald State Marathon Championship (All Divisions/Classes): Junior, U18, Opens, U23 & Vets							
SUP Races	PaddleFest Event (14 Ft Boards and Under) - U18, Opens and Vet classes							
Ocean Races Qld State Marathon Championship (All Divisions/Classes): Junior, U18, Opens, U23 & Ve								

Day 2 - Sunday 24 March 2019								
Doubles Races	Qld State Marathon Championship (All Divisions/Classes): Junior, U18, Opens, U23 & Vets							
Flatwater Ski Races	PaddleFest Event – Single and Double Skis							
SUP Races	PaddleFest Event - U18, Opens and Vet classes							

Event Venue:



Classes^

ALL AGES - ALL ABILITIES - ALL CRAFT

K1, K2, TK1, TK2, C1, C2, TC1, TC2, Men's, Women's and Mixed.

Para classes - Contact PQ office to discuss the appropriate distance for your level of ability.

Skis – Flatwater

Skis - Ocean Ski Paddlefest

SUP's Paddlefest - 14 Ft Boards and Under

^Classes may be amalgamated as per <u>PA Canoe Marathon Competition Rules.</u>

Event Fee & Registration (Includes participation in events on Day One and Day Two)

Weekend Event Fee								
Percipient type:	Entry Price	With						
		Member						
		Discount						
Junior	\$40	\$30						
Senior (18+)	\$55	\$45						

Register and pay online @ www.registernow.com.au/secure/Register.aspx?E=33909

ENTRIES CLOSE: 6:00PM WEDNESDAY 20TH MARCH 2019.

Late entries may be accepted (at discretion of PQ) with payment of \$20 late fee.

The Event Day fee covers non-members with limited insurance cover whilst participating in the Event.

The discount that our Club Members receive is due to them already being covered under their clubs, and therefore do not have to pay insurance fees.

Refund Policy

Requests for refunds must be made in writing to Paddle Queensland via events.qld@paddle.org.au.

When withdrawal occurs:	The refunded amount is:
Prior to 14 days	The entry fee less \$10 Administration Fee
Within 7 to 14 days	50% of the Entry Fee
Within 7 days of the competition	No Refund*

* Unless Paddle Qld assesses special circumstances apply (you must advise in writing to the above email address and provide a medical certificate if requested).

Program:

Saturday 23 March – State Marathon, SUP Races and Ocean Race

6.00am Registration and collection of boat numbers

7.00am Event Briefing – All Paddlers

7.15am SUP's – U18, Open, followed by Vet classes

7.30am Singles – Open, U23, Vet classes, C1's, Juniors/Recreation (starts at 2 min intervals)

11.00pm Presentation of medals for Day 1 (approximate time)

11.30am Coach Workshop

1.00pm Ocean Races

Sunday 24 March – Flatwater Skis and Doubles (Seniors & Juniors)

6.00am Registration and collection of boat numbers

7.00am Event Briefing – All Paddlers

7.15am SUP's – U18, Open, followed by Vet classes

7:30am Doubles/Flatwater Skis - Open, U23, Vet classes, Juniors (starts at 2 min intervals)

11.00am Presentation of medals for Day 2 (approximate time)

Ages

Junior (under 12, under 14, under 16, under 18)

The Junior age group is determined by the age you are as of 1st January 2019. For example, if you are 13 as of 01/01/1 and turning 14 in 2020, you are in under 14 age group. Junior competitors may compete in a singles age class above their age. Junior doubles competitors must compete in the age class of oldest crew member.

Open & Under 23

The Opens & U23 age group is determined by the age you are as of 1st January 2019. E.g. if you are over 18 years of age, as of 01/01/19, you are eligible to compete in the Opens Age Division. If you are under 23 years

[^] Program subject to change.

of age, as of 01/01/19, and older than 18 years, you may compete in the U23 Division.

Masters/Vets

The Masters age group is determined by the age you are as of 31st December 2019. Age groups in ten year groupings will be offered i.e. age 35+, 45+, 55+, 65+, 75+ years. Age groups are of the age you turn that year. For example, if you are 54 as of 1/01/19 and turn 55 in this year you are in 55+ age group. Masters competitors may compete in a singles age class below their age. Masters doubles competitors must compete in the age class of the youngest crew member. Should there be insufficient entries, age groups will be amalgamated as per the AC Marathon Competition Rules (2013) available at http://canoe.org.au/disciplines/canoe-marathon/#rules.

Paddle Fest – SUP's (14ft and under)

Under 18, Opens, Vet classes (40-50; 50-60 years, 60+ years).

Paddle Fest - Ocean Skis and Flatwater Skis

U18 (Ocean Ski - minimum 16 years), Opens, Vet classes.

Race Distances - Ages / Class / Craft

Ages / Class / Craft	Distance	Laps	Portages			
U12	4km	1	No portage			
U14	8km	2	No portage			
Masters 75+	8km	2	No Portage			
SUP's (All Ages/Classes)	8km	2	No portage			
C's & Recreation Craft	12km	3	No portage			
Masters 65+	12km	3	No portage			
U16	12km	3	2			
Ski (Flatwater)	12km	3	No portage			
Ocean Ski (Ocean Course)	10km	1	No portage			
U18	16km	4	3			

Masters 45+	16km	4	No portage
Masters 55+	16km	No portage	
Masters 35+	20km	5	No portage
U23	20km	5	4
Opens	20km	5	4

No portages for Masters, U12 & U14, TK, C's, SUP's or Skis (Flatwater or Ocean Ski).

Ages / Class / Craft.	U12	U14	75+	SUP'(All Ages)	U16	65 +	C1's	Recreation	Ski (Flatwater)	Ocean Ski	45+, 55+	35+	U23	Open
Distance	4 km (1 lap)	8 km (2 laps)								16 km (4 laps)	20 km (5 laps)			

Course Details

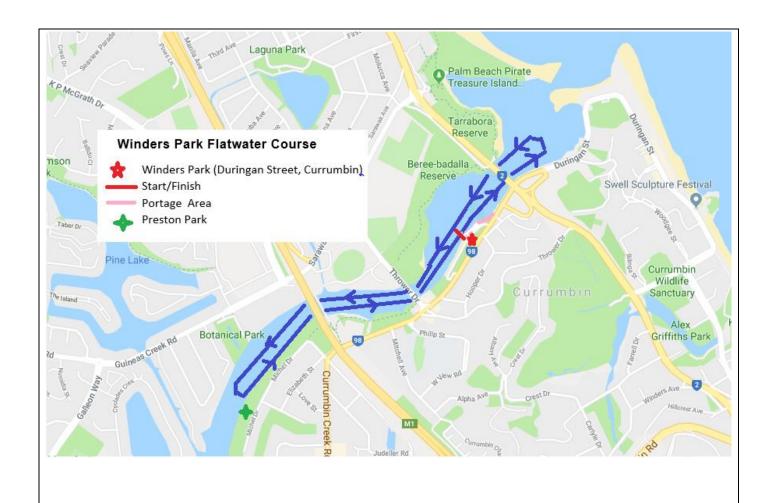
Course consists of a 4km circuit on Currumbin Creek (start & finish at Winders Park, Duringan Street, Currumbin). This waterway is subject to minimal tidal influence and may also be affected by wind.

All ages/class/craft will compete same course (distances/laps/portages may vary).

Portages will occur at Winders Park beach (as marked).

Other paddle craft frequent these waters. Paddlers will need to exercise caution during racing to avoid other craft and paddlers. Minimal motorized craft may be encountered on the course.

Map 1. Winders Park Flatwater Course



Ocean Courses:

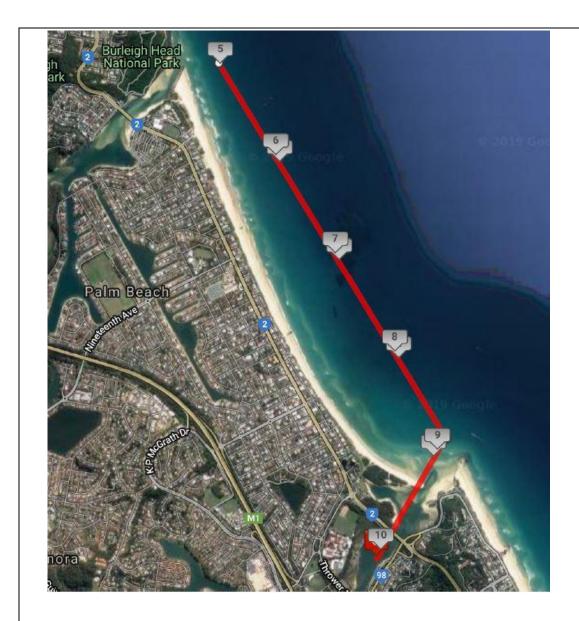
Ocean Race course/s consists of two course options (Northerly & Southerly) each comprising a 10km circuit.

Map 2. Currumbin Ocean Race Northernly Course (Saturday 23 March)

- Start Winders Park
- Paddle north to a turning buoy off

Tallebudgera Surf Life Saving Club (5kms)

• Return to starting line at Winders Park (5kms)

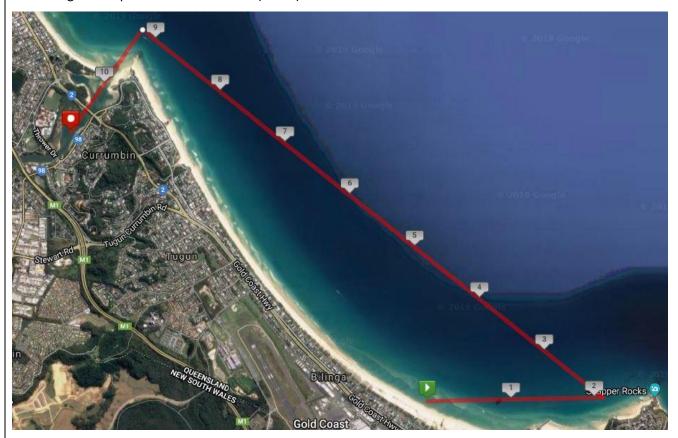


Map 3. Currumbin Ocean Race Southerly Course (Saturday 23 March)

- Start North Kirra SLSC
- Paddle south to a turning buoy off

Greenmount (2kms)

• Turn right and paddle Winders Park (8kms)



NOTE. Course subject to change depending on prevailing ocean conditions on the day.

Parking & Trailer Parking

Local off-street parking is available near Winders Park, Currumbin, including on Duringan Street, Thrower Drive, or some may choose to park further away and paddle to the start line at Winders Park, Currumbin. Trailer Parking is available at Throwers Drive Boat Parking, across the river from Winders Park.

Tides

Currumbin Creek, Gold Coast

Saturday 23/03/19 - 09:41 (High - 1.62m), 15:55 (Low - 0.03m)

Sunday 24/03/19 - 10:24 (High - 1.45m), 16:55 (Low - 0.13m)

Portages

Portage or portaging is the practice of carrying water craft over land, either around an obstacle in a river, or between two bodies of water. Portages will be completed as outlined in Race Distance table above.

Portage will be approximately 40 metres with the location dependent on weather conditions at the event.

Refer to Map 1.

Championship Rules

The Championships are conducted in accordance with the International Canoe Federation (ICF) and the Australian Canoeing Marathon Competition Rules (2013) available here. It is the responsibility of the competitor to be familiar with these rules.

Cancellation

- *In the event of a race cancellation due to cyclone, storm, rain, inclement weather, or other "Act of God" conditions, entry fees shall be non-refundable.
- *Notice of cancellation will be given as early as possible.
- *It is the responsibility of the Chief Official to constantly monitor weather conditions and either day's racing may need to be cancelled at shorter notice than advised above.

Safety

- *ALL craft will be checked for positive or fixed buoyancy at Marshalling area.
- *Any craft failing to pass through the Marshalling Area before and after the race may face disqualification.
- *It is recommended that competitors be hydrated before, during and after racing. Competitors should be Sun Safe, including wearing appropriate clothing and sunscreen.
- *Footwear is strongly recommended.

Life Jackets

ANY PADDLER UNDER 14 YEARS, AND ANY PADDLER WHO CANNOT SWIM OR ANY OTHER PADDLER SO DIRECTED by the Chief Official and/or Competition Committee must wear a life jacket to the approved standard (www.msq.qld.gov.au/Safety/Life-jackets.aspx).

Briefing

*Briefing will be held at the race venue for all competitors at 7:00am. Numbers will be available from 6:00am. It is a competitor's responsibility to attend the briefing.

Scrutineering

It is the responsibility of the competitor to ensure that their craft meets the correct measurements and weight. The first four finishers in each class **will be** required to attend post-race scrutineering immediately at the conclusion of the race. Failure to do so may result in disqualification. **Number holder slots are compulsory.**

Protests

All protests are to be submitted in writing on the official protest form and handed to the *Chief Official* within (1) one hour of the competitor finishing or the affected paddler withdrawing from the race. A \$25 protest fee must accompany all protests. The fee will be refunded if the protest is upheld.

Uniforms

It is the intention of Queensland Canoeing Marathon Technical Committee to present a professional image and it is required that club competitors <u>wear club colours/uniforms</u> whilst competing at these Championships. All paddlers must comply with the PQ Sun Safe Policy and attire themselves appropriately whilst competing and at presentations.

Storage

There is no secure storage area. The security of all equipment is the responsibility of the individual.

Anti-Doping Policy Statement

All members of Paddle Queensland Inc & Paddle Australian Inc are bound by the Australian Canoeing Anti-Doping Policy and all competitors are bound by the Policy and must comply with it. Copies of the policy are available from Paddle Queensland Inc or Paddle Australian Inc.

Presentations

- *Gold, Silver and Bronze medallions will be awarded to each category.
- *Presentations shall take place as soon as possible after racing has been completed on both days.
- *Competitors are required to dress appropriately for medal presentations: <u>Club uniform/colours</u> or neat casual dress should be worn. Togs, towels and/or bare chests are not appropriate as a way of showing respect for our sport and the dignitaries who may be presenting medals.
- *If you are not able to stay for presentations, please collect medals from PQ prior to leaving as they will NOT be mailed out after the completion of the event.

Participation

A single entry fee encourages all competitors to participate in singles, doubles, ocean ski and/or ski categories **across both days of the event**. So find a partner, try another craft and join us both days.

Please contact Paddle Qld should you be interested in doubles however are in need of a partner to accompany you, or if you have any further questions.

Ocean Race

Safety Requirements:

- *All Paddlers sign event declaration that they understand the risks and acknowledge that they have read and understood the Safety Management Plan, including their responsibilities (eg helping a distressed paddler, rendering assistance etc.)
- *It is mandatory for ski paddlers to wear an approved lifejacket to the approved standard (www.msq.qld.gov.au/Safety/Life-jackets.aspx), whistle and are to be connected to their craft at all times by leg leash. This increases the capacity of each individual to self rescue significantly.
- * Paddlers are encouraged to carry a red or orange flare, and a mobile phone in a water proof bag. This can be used if withdrawing or in an emergency situation.

NOTE: Course subject to change depending on prevailing ocean conditions on the day.

2019 Qld State Marathon Team

A Paddle Queensland Marathon Development Squad has been selected for participation in a development program and races in preparation for the **2019 Australian Canoe Marathon Championships**, **18 - 20 May at West Lakes**, **Adelaide SA**.

The final selection race for the team, will be at **the 2019 Qld Canoe Marathon State Championships**, 23-24 March 2019 at Winders Park, Currumbin Gold Coast. This event.

The Qld Team Selection Policy and Qld Canoe Marathon Team Selection Criteria used to determine the 2019 Qld Canoe Marathon Team can be located at https://qld.paddle.org.au/about-us/policies.

The Selection Panel will determine the Qld Canoe Marathon Team selections within 7 days after the final selection race, the 2019 Qld Canoe Marathon State Championships.

Event Sponsors, Partners & Sponsorship Opportunities

Paddle Queensland would like to acknowledge the support of our partners, event and marquee sponsors -













Should your organisation wish to find out more on more information on sponsorship and event marquee opportunities available for the 2019 Queensland Canoe Marathon State Championships & PaddleFest contact:

Fiona Coppin,

Executive Officer

Paddle Queensland Inc.

Phone: 0414 960 728

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