



FLATWATER SUPERVISOR – OVERVIEW

Award definition

Holders of the Flatwater Supervisor award are qualified to supervise a paddling activity with novice paddlers on flatwater areas such as lakes, dams, slow moving rivers etc. where the group under supervision can always be seen from a single vantage point and does not leave the immediate launch area.

- i.e.: - you are able to impart the skills required for participants to partake in an activity with you, where if anything goes wrong you are there to deal with it.

Skill Component

- Prepare appropriate craft and equipment with consideration for safety, sun sense and hypothermia
- Secure craft for transport, secure equipment to craft
- Launch and land efficiently
- Demonstrate individual strokes to manoeuvre the craft:
 - forwards, backwards, sideways and turning
 - using correct forward, reverse, draw and sweep strokes
- Form into and disperse from a raft
- Competently perform self and buddy rescues:
 - Swim 50 metres in paddling gear
 - buddy rescue as rescuer and rescuee
 - self-rescue:
 - swim to shore with craft and gear
- Competently perform a tow
- Supervise a group
- Group situation awareness

Knowledge Component:

- Knowledge and maintenance of craft
- Select and advise novice paddlers on appropriate equipment and clothing with consideration of sun sense and hypothermia
- Store, operate and maintain appropriate safety and communication equipment
- Interpret weather
- Plan an activity
- Minimal environmental impact
- Maintaining log books
- Selection of launching and landing sites
- PA's role, membership structure, your rights and responsibilities
- PA's relevant guidelines and policies
- Hazard identification and risk management program
- Licensing, permits and legal matters



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Communication component:

- Establish and maintain an effective communication system within a group of novices
- Conduct a briefing
- Conduct a debriefing

Experience component:

- Minimum logbook requirements over the previous three years:
 - Four flatwater activities of a minimum of one and a half hours paddling duration
 - two flatwater paddling activities of at least one and a half hours duration as an assistant supervisor
 - two flatwater paddling activities of at least one and a half hours duration as lead supervisor under the observation of a qualified supervisor
- First Aid and CPR certificates (appropriate to your organisations requirements & area of operation)

Leadership component:

- Manage launch and landing of a group
- Manage a group
- Manage multiple capsizes and emergencies

Theory Component

- Complete a written assessment
- Complete an assessment project